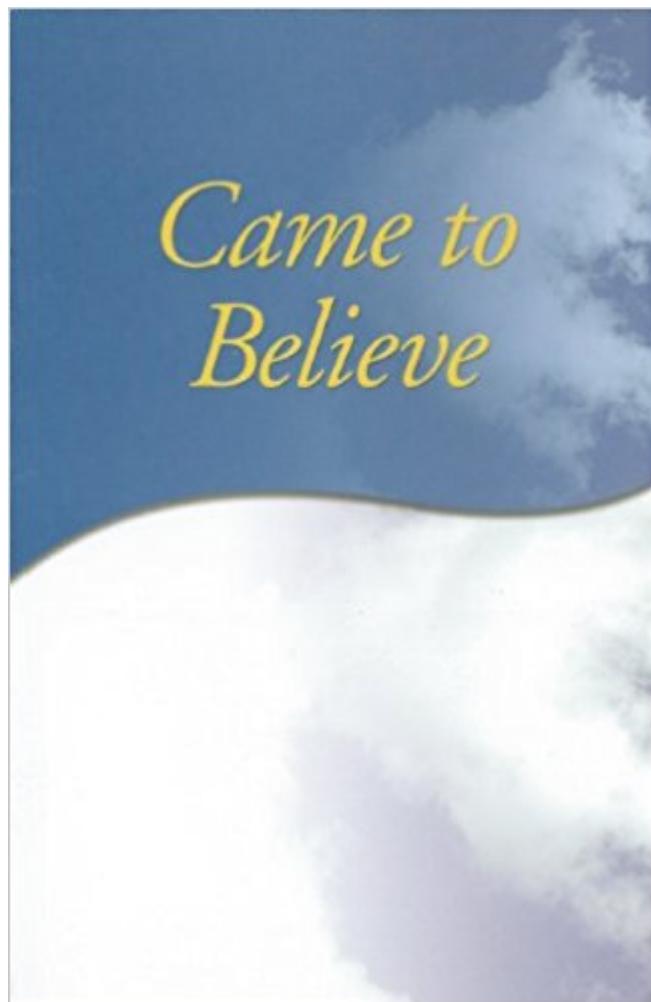


The book was found

## Came To Believe



## **Synopsis**

Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him. Came to Believe - the spiritual adventure of A.A. as experienced by individual members. Over 75 A.A. members from all over the world describe the wide diversity of convictions implied in "God as we understood Him." Especially helpful to those who confuse "spiritual" with "religious."

## **Book Information**

Paperback: 121 pages

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Average Customer Review: 4.6 out of 5 stars 94 customer reviews

Best Sellers Rank: #44,357 in Books (See Top 100 in Books) #55 in Books > Health, Fitness & Dieting > Addiction & Recovery > Twelve-Step Programs #69 in Books > Religion & Spirituality > New Age & Spirituality > Mysticism #86 in Books > Health, Fitness & Dieting > Addiction & Recovery > Alcoholism

## **Customer Reviews**

Last year when I was in a treatment center called Timberline Knolls, I was introduced to the 12 Steps and DBT principles. I've taken both with me back into the "real world" and have used them to stay on track with my recovery. One of the things I struggled with a lot was defining the difference between spirituality and religion. I was raised Catholic and knew I didn't want to be associated with that anymore. When searching for my Higher Power in the 12 Steps, I knew that for me that would be God, but I didn't know how to define that relationship without getting another man-made religion involved. I talked a lot at TK about the concept of spirituality with a sponsor and some of the other employees there and was happy to learn that spirituality doesn't necessarily mean that you don't believe in God, it's that you're leaving behind the regulations of a church and defining that relationship yourself. This book helped to expand on that for me and provided some deeper insight to it. I would definitely recommend this to anyone who is searching to find that relationship with their Higher Power, whether it's God or something else, because the presentation is clear and

informative. It's very short and an easy read.

Came to Believe is a very good book with a very good proposition, as it is for Alcoholics first and foremost, and from my experience the most successful, happiest, joy-iest and free-iest people I know have come to believe in a power greater than themselves--anything greater than themselves--will do the trick and this book tells some pretty amazing stories! So find a comfy spot, grab a cup of coffee or tea and clear your mind of any preconceptions or resentments of how GOD is gonna get you! and have an open mind and just see what has worked for others and who knows, this just might work for you too. And like I shared last night, if nothing else give the universe the good, the bad and the indifferent and stop trying to figure it all out by yourself, and just relax and see what can happen if you just let go and let a Group of Drunks tell their story--by the way for some of us G-Group o-of D-drunks was our first God we could rely on and trust. Have a nice day!

I bought this book for my husband because he has been doing a lot of reading this time around and I am so proud of him because he is doing what he is supposed to do and needs to do for today. This book came in excellent condition and what made it even better is how his face lit up when I opened the envelope. Thank you for helping me to help my husband stay sober one day at a time! May God bless you!

Heartfelt and honest assessments of how people came to believe in a Supreme Being and the difference it made in their lives, and in dealing with their alcoholism. What comes through are short, readable, non-preachy stories in original voices. You don't have to be an alcoholic in recovery to take away something important that will apply to your own life. If you are having struggles in any part of your life and finding no relief, you may find something to relate to in these pages.

I pick up this book often when I'm looking for comfort, motivation, purpose, or simply peace in my day. It provides excellent topics for AA mtg's, but it's a great bed stand addition as well. Highly recommend!

Wanting to grasp the idea of a higher power and looking for inspiration, I found this AA publication. Consisting of first-person essays of varying lengths, it covers a wide range of experiences and examples of how different folks came to understand their relationship with G-d. It helped me to resolve questions and doubts I have had; it also gave insights and inspiration. I recommend it,

especially to anyone working the steps and wanting encouragement and support.

I never received this book. When I look in my order summary it does not show but I was charged for this product.

I have over 31 years C&S, this book is still a great read.....

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